



# Swim Lesson Registration Form

YMCA-YWCA of Northeast Avalon  
P.O. Box 21291, St. John's, NL A1A 5G6  
Telephone: 726-YMCA (9622)

**For your convenience we have simplified program registration.**

Simply drop off your completed Registration Request Form to your Membership Sales and Service desk. A Y Sales and Service staff will be in contact with you to confirm your registration.

**A separate form is required for each participant.**

Member's Name: \_\_\_\_\_ BirthDate: \_\_\_\_\_

Parent / Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ Phone#: \_\_\_\_\_

Registration Confirmation by:  Phone  Email \_\_\_\_\_

**Note:** Memberships have to be active and in good standing to register for programs.

## Swimming Lessons

(All members are entitled to ONE Swim Lesson per week)

### Swim Program ONE

Day: \_\_\_\_\_ Time: \_\_\_\_\_ Last Level Passed: \_\_\_\_\_

### Alternate to ONE\*

Day: \_\_\_\_\_ Time: \_\_\_\_\_ Last Level Passed: \_\_\_\_\_

**Registered**  
Office Use Only

Yes  No

Yes  No

\***Note:** If session ONE and Alternate to ONE are not available the member will be added to Session ONE Waitlist.



# Swim Lesson Schedule

YMCA-YWCA of Northeast Avalon  
 P.O. Box 21291, St. John's, NL A1A 5G6  
 Telephone: 726-YMCA (9622)

## Lil' Dippers

0 - 3 Years	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Splashers*		9:15 - 9:45 am	4:20 - 5:00 pm 5:05 - 5:45 pm		9:00 - 9:40 am 12:15 - 12:45 pm	4:00 - 4:30 pm
Bubblers*		9:15 - 9:45 am	4:20 - 5:00 pm 5:05 - 5:45 pm		9:00 - 9:40 am 12:15 - 12:45 pm	4:00 - 4:30 pm

\*Note: Parental participation required

3 - 5 Years	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bobbers	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:15 am 4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	4:30 - 5:00 pm 5:00 - 5:40 pm 5:45 - 6:25 pm
Floater's	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:15 am 4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	4:30 - 5:00 pm 5:00 - 5:40 pm 5:45 - 6:25 pm
Gliders	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:15 am 4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	4:30 - 5:00 pm 5:00 - 5:40 pm 5:45 - 6:25 pm
Divers	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Surfers	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Dippers	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm

## Learn to Swim

6 - 12 Years	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Otter	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Seal	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Dolphin	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Swimmer	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm

## Star

6 - 12 Years	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Star 1	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Star 2	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Star 3	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Star 4	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	4:20 - 5:00 pm 5:05 - 5:45 pm 5:50 - 6:30 pm	9:00 - 9:40 am 9:45 - 10:25 am 10:30 - 11:10 am 11:15 - 11:55 am	5:00 - 5:40 pm 5:50 - 6:30 pm
Star 5	6:40 - 7:10 pm				12:15 - 12:55 pm	
Star 6	6:40 - 7:10 pm				12:15 - 12:55 pm	