

"THE WORD **CRISIS** DERIVES ITS ORIGIN FROM THE GREEK WORD **KRISIS** WHICH IMPLIES **DECISION**. IN CHINESE, THE WORD **CRISIS** IS COMPOSED OF TWO CHARACTERS THAT MEAN **DANGER** AND **OPPORTUNITY FOR CHANGE**. IN EITHER CASE, **CRISIS** REPRESENTS "THE OPPORTUNE MOMENT FOR DECISION", "A TIME TO CHOOSE"

ALTERNATIVE SUSPENSION

The program is divided into two phases:

The first focuses on the development and actualization of personal and social abilities of participants. The second allows the young person to take a positive outlook on school as an institution and to transform time spent outside school walls into an overall successful experience.

Both phases have one goal in mind: to improve the young persons' educational and social conditions, in order to increase their chances to integrate harmoniously into school and society. At the same time, it is possible to help prevent the risk factors that can lead to dropping out of school.

Goals

- Enable the students to find a place for themselves in school where they feel motivated and confident
- Help the students to weather the crisis period constructively and provide a beneficial experience
- Develop the students' self-esteem and empower them to take charge of their own lives
- Develop the students' knowledge, aptitude, personal and social skills, through workshops adapted to their realities and applicable in a school setting (stress management, conflict resolution, etc.)
- Offer remedial classes and/or help, so that they can keep up to date with their school work
- Provide visits/internships directed at professional training for targeted students





EXAMPLE SCHEDULE

	DAY 1	DAY 2	DAY 3	DAY 4
8:30 to 12:00	Arrival	Arrival	Arrival	Return to school ac- companied by the youth worker
	Discussion of objectives	Individual meetings	Individual meetings	
	Schoolwork help	Schoolwork help	Schoolwork help	
1:00 to 3:30	Group workshops	Group workshops	Group workshops	
			Preparation for reinte- gration into school	

How to reach us

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Site

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www.alternativesuspension.ca

PROGRAM PARTNERS

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