



YMCA-YWCA of Northeast Avalon
35 Ridge Road, PO Box 21291
St. John's, NL A1A 5G6
Tel: (709) 726-YMCA (9622)
www.ynortheastavalon.com

**Conditioning Centre Staff
Ches Penney Family Y
Part Time Positions Available: 1
Starting pay: \$12.00/hour**

Job Competition #: 2012-02

The YMCA-YWCA of Northeast Avalon is a multi-service charity serving our communities for over 150 years. Programs are offered at 30 locations throughout the Northeast Avalon. Our new facility, the Ches Penney Family Y, located in St. John's, is a 65,000 sq. ft. building, surrounded by trails and forest, has a commanding view of the city and the Atlantic Ocean. Features include: an aquatics centre, gymnasium, indoor track, courts, strength and conditioning centre, a 60 space licensed child care centre and a youth employment and enterprise centre.

We are seeking a candidate with the following skills and qualifications:

- Minimum age of 16 years
- Degree or diploma in related field, an asset (physical education, kinesiology, recreation, or human kinetics)
- Excellent customer service, relationship building, communication, organizational, and time management skills
- Knowledge of conditioning centre equipment, training methods, sports, and special needs
- Ability to maintain professional working relations with members, volunteers, and staff
- Experience with leading fitness activities, clinics, and individual conditioning sessions
- Standard First Aid and CPR (C)
- Current YMCA Canada Individual Conditioning (Level 1, 2, or 3) or equivalent considered an asset
- Acceptable Certificate of Conduct

What we offer:

- A competitive total compensation package
- A work environment which encompasses our core values of caring, honesty, respect, responsibility, inclusiveness and health
- Employer matched benefits and pension plan
- Family membership to Y Health, Fitness and Recreation facilities
- Discounts to Y programs and free YMCA Canada Fitness Leadership Certification
- Free uniforms

Please send cover letter and resume detailing qualifications to:
Michelle Hatch, Interim Human Resources Coordinator
YMCA-YWCA of Northeast Avalon, Ches Penney Family Y
P.O. Box 21291, St. John's, NL A1A 5G6
Email: hr@ynortheastavalon.com

Competition Closing Date: March 2nd, 2012

We thank all applicants for their interest; however only those selected for an interview will be contacted.

*Building healthy
communities*