

# We're building a place for everyone

Health • Employment • Child Care



Ches Penney Family Y  
**OPENING 2011**



**35 Ridge Road**

Check out the construction progress and plans available online at [www.ynortheastavalon.com](http://www.ynortheastavalon.com)

For more information: 726-YMCA (9622) ext 243



## What is the Ches Penney Family Y?

### Fitness Leadership

Certification Program

### Youth Leadership Development

Camp

### Licensed Child Care

### Youth Employment Centre

### Exercise Facilities

### Gymnasium

### Cafe

### Courts

Terrific Views of St. John's,  
the Ocean, Signal Hill,  
and the Narrows

### Aquatics Centre

### Family Change Room

### Indoor Walking/Running Track

### Direct Access to Trails in

### Pippy Park

## Benefits

**Convenient ways to be active**

**A place to be social and a part of your community through volunteering**

**Participate on your own OR with your family within a friendly and welcoming environment**

## Our Mission

**The YMCA-YWCA is a charity that provides opportunities for all to grow in spirit, mind, and body.**

**The charity where you belong.**

**Charitable Registration #108225533RR0001**