



**YMCA-YWCA of Northeast Avalon**  
35 Ridge Road, PO Box 21291  
St. John's, NL A1A 5G6  
Tel: (709) 726-YMCA (9622)  
[www.ynortheastavalon.com](http://www.ynortheastavalon.com)  
Charitable Registration #108225533RR0001

**Group Fitness and Aquafit Leader  
Ches Penney Family Y**

**Application form available on [www.ynortheastavalon.com](http://www.ynortheastavalon.com)**

The YMCA-YWCA of Northeast Avalon is a multi-service charity serving our communities for over 150 years. Programs are offered at 30 locations throughout the Northeast Avalon. Our new facility, the Ches Penney Family Y, located in St. John's, is a 65,000 sq. ft. building, surrounded by trails and forest, has a commanding view of the city and the Atlantic Ocean. Features include: an aquatics centre, gymnasium, indoor track, courts, strength and conditioning centre, a 60 space licensed child care centre and a youth employment and enterprise centre.

We are seeking volunteers with the following skills and qualifications:

- Minimum age of 16 years
- Excellent customer service and relationship building skills
- Standard First Aid and CPR (C)
- Current YMCA Group Fitness Certification (choreography, cycle, group strength, core strength and stretch, aqua fit) or industry equivalent
- Acceptable Certificate of Conduct

What we offer:

- A work environment which encompasses our core values of caring, honesty, respect, responsibility, inclusiveness and health
- Free training and re-certification opportunities
- Free uniform
- Opportunities to gain valuable work experience
- Attendance at social events such as Volunteer Appreciation and Peace Week

Please send application, resume, and two letters of reference to:  
YMCA-YWCA of Northeast Avalon, Ches Penney Family Y  
P.O. Box 21291, St. John's, NL A1A 5G6  
Tel: (709) 726-YMCA (9622) Fax: (709) 576-0410

Our volunteer agreement requires at least 2 hours per week along with commitment to attend meetings. All volunteer applicants will be contacted within 72 hours upon receipt of application.