

## APPLY to become a Volunteer

For an opportunity that interests you, please fill out the following form and return to your nearest Y location. All volunteer applications are reviewed with consideration of current opportunities.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth \_\_\_\_\_

### Availability

Please indicate when you are available for volunteering:  
ex: Mon 9:00 - 11:00am

Day	Time	Day	Time
Mon		Fri	
Tue		Sat	
Wed		Sun	
Thu			

Where do you wish to volunteer?

St. John's  Other

How much time are you able to commit to this volunteering position? (Our volunteer agreement requires at least two hours per week) Please indicate the number of hours per week or per month: \_\_\_\_\_

How long are you anticipating to commit to being a volunteer?

Short-term  6 months  One year  
(under 6 months)

How did you hear about volunteering at the Y?  
\_\_\_\_\_

## Mission Statement

## Y Volunteer Opportunities



### Our Mission

The YMCA-YWCA is a charity that provides opportunities for all to grow in spirit, mind and body.

### Our Vision

The YMCA-YWCA will be a leading charity providing access to all in employment, child care and health programs.

### Our Values

Caring, Honesty, Respect, Responsibility  
Inclusiveness, Health

### Y Etiquette Statement

*"The Y is a shared experience for everyone to enjoy. Each of us can make it better for all by being considerate to others. Y members, participants, clients, visitors, staff and volunteers all pledge to treat one another with respect and dignity."*

For details about us, what we do, and how you can help, please contact us at the following:

### YMCA-YWCA of Northeast Avalon

P.O. Box 21291, St. John's, NL A1A 5G6  
Tel: (709) 726-YMCA (9622) Fax: (709) 576-0410

[www.ynortheastavalon.com](http://www.ynortheastavalon.com)

Charitable Registration #108225533RR0001



Help us  
help others!

## Please send to or contact us at:

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We build strong kids,  
strong families, strong  
communities.

®

## Become a Y Volunteer

Volunteers play an important role within the Y. Your involvement, along with our hundreds of volunteers, ensures the accessibility and delivery of our programs and services.

### Benefits

Some of the benefits of volunteering with the Y:

- Develop** lasting personal and professional relationships
- Enhance** quality of community life and impact people's overall well-being
- Gain** valuable work experience and professional training
- Learn** or develop new skills, experiences and interests while having fun
- Contribute** to a well recognized charitable organization
- Receive** recognition for your dedication and commitment to helping others

Volunteer training and uniforms are provided!

### Screening Policy

Our volunteers are important to us. They are directly involved in program delivery and work closely with participants. It is important that all volunteers be adequately screened in order to ensure that our participants receive the best possible service and interaction.

### What's Next?

Immediately following the interview and placement, a staff person arranges for an appropriate orientation, and if necessary training. Periodic reviews are conducted to ensure both parties are pleased with the arrangement.

### YMCA Canada definition of volunteerism:

A Y volunteer is defined as anyone who willingly gives time to help the Y accomplish its mission without receiving compensation or special privileges from the Y.



Privacy Statement: YMCA-YWCA (the "Association") is committed to protecting the privacy of the personal information of its members, employees, donors and other stakeholders by following responsible information handling practices in keeping with privacy laws, including the Personal Information Protection and Electronic Documents Act ("PIPEDA") and provincial privacy legislation. The Association values the trust of those we deal with, and of the public, and recognizes that maintaining this trust requires that we be transparent and accountable in how we treat the information that you choose to share with us.

During the course of our operations, projects and activities, the Association occasionally gathers and uses personal information. Anyone from whom we collect such information should expect that it will be carefully protected and that any use of or other dealing with this information is subject to consent. The Association's privacy practices are designed to achieve this.

## Get Involved!

Thank you for considering volunteering with the Y. Those considering volunteering with the Y are invited to complete and return the Y Volunteer Application section of the brochure.

Once an application has been received, a staff member will be in contact to set up an interview. All volunteer inquiries will receive a call back within 72 hours upon receipt of application.

As part of the selection process the potential volunteer is required to bring a resume and two letters of reference. The volunteer will then be placed in his or her program/service area according to interest, training, and experience.

I understand that before I can volunteer at the Y:

- I must complete a reference verification form as well as a criminal records screening form
- I will be trained with respect to the rules and regulations that govern the Y

### Volunteers Can...

The Y has many opportunities available to you to give your time and talents. Please indicate the area(s) in which you are interested in volunteering:

- Child/Youth Recreational Programs
- Child Minding
- Individual Fitness
- Group Classes (Aerobics & Aquafit)
- Campaigns/Fundraising
- Special Events
- Administrative Support
- Licensed Child Care
- School Age Child Care Programs
- Membership Sales and Service Desk
- Advisory Board/Committee
- Board of Directors
- Employment and Enterprise Services
- Aquatics



Note: some volunteer positions do require YMCA national certification. All volunteers need CPR, Standard First Aid and WHMIS (as appropriate).

**Make a difference in your community, become a Y volunteer!**