

Apply to become a Volunteer

YMCA-YWCA mission

Volunteers play a very important role in our organization. If you would like to become a volunteer, please complete the following form and return.

Name: _____

Address: _____

Home Phone: _____

Work Phone: _____

Email: _____

Age _____ Male Female

What is your area of interest?

How often do you wish to volunteer?

Ongoing program:

Special project or event:

Where do you wish to volunteer?

St. John's Mount Pearl Other

Please indicate when you are available:

Weekdays: Fall:

Weekends: Winter:

Daytime: Spring:

Evenings: Summer

YMCA-YWCA of Northeast Avalon
P.O. Box 21291
St. John's, NL A1A 5G6
Telephone: 709 754-2960
Fax: 709 576-0410

The purpose of our Association is to encourage all people in our community to join together in providing opportunities for growth in spirit, mind and body through an environment that is built on respect, trust and safety.

healthy spirit,
mind & body
for all.



www.ynortheastavalon.com



Doesn't it feel good to give?

Y Volunteer Opportunities



We build strong **kids**,
strong **families**, strong
communities.



Become a Y Volunteer

Volunteers play an important role in the YMCA-YWCA. Every year hundreds of people give freely of their time and expertise to ensure the delivery of quality programs and services in the Northeast Avalon.

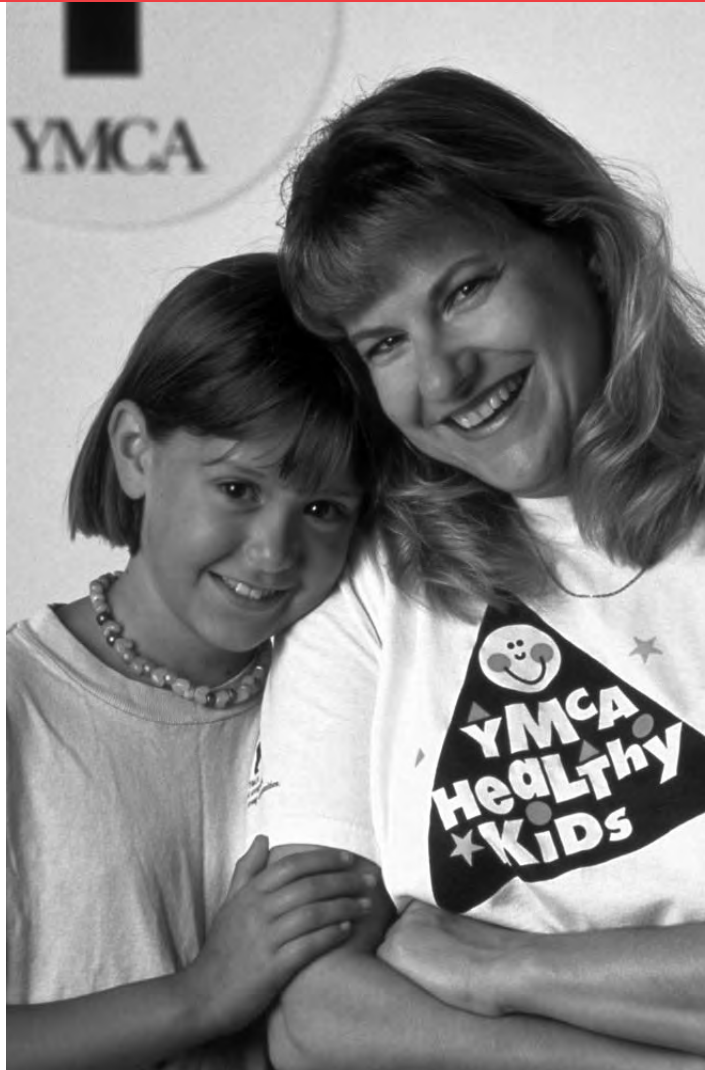
the benefits:

- Develop new skills
- Discover new challenges
- Get professional training
- Gain valuable work experience
- Get involved in community work
- Increase your interpersonal skills
- Get satisfaction from helping others
- Be part of a well recognized organization
- Have opportunities to socialize
- Get recognition, smiles and thanks
- Personally contribute to the development of your community

You can volunteer in:

- employment and enterprise services
- children's services
- health, fitness and recreation membership
- philanthropy
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Note: some volunteer positions do require a YMCA national certification.



**Make a difference in
your community,
become a Y volunteer!**



How to Get Involved

1. Complete the Y Volunteer Application section of this brochure, detach it and return.
2. The staff person who manages the program/ service area where an interest has been indicated will review the application and set up an interview.
3. The potential volunteer is required to bring a resume, two letters of reference and a certificate of conduct from the RNC and CPR certificate to the meeting.
4. The volunteer may then be matched with a program/service area appropriate to their interest, training and experience.

What's Next?

Immediately following placement, a staff person arranges for appropriate orientation, and if necessary, training. Annual reviews are conducted to ensure both parties are pleased with the arrangement.

Screening Policy

Our volunteers are important to us. They are directly involved in program delivery and work closely with participants. It is important that all volunteers be adequately screened in order to ensure that our participants receive the best possible service and interaction.

families
kids
communities